

BOP

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PHASE/ RHYTHM: ROUNDALAB Phase IV + 1 Jive & Foxtrot
(STOP & GO)

SPEED: 45 RPM

FOOTWORK: Opposite unless indicated,
Directions given for man, woman's directions in [].

SEQUENCE: INTRO, A, B, INT, A, B, C, A, END



INTRODUCTION

1-4 : (wait) : (wait) : CHICKEN WALKS 2 SLOW ; 4 QUICK (CP/WALL) :

(1-2) in LOP FCG/WALL wait pickup notes and two measures ; ; (3) with opposing weight man leading woman forward with slight swiveling action bk L, -, bk R, -; (4) bk L, bk R, bk L, bk R drawing woman to loose CP/WALL ;

PART A

1-4 CHASSE LEFT & RIGHT; CHANGE PLACES RIGHT TO LEFT ; , CHANGE HANDS BEHIND THE BACK ; :

(1) sd L/cl R, sd L, sd R/cl L, sd R ; (2-3 ½) rk bk L to SCP, rec R, sd L/cl R, sd L tng ¼ lf [sd R/cl L, fwd R tng ¾ rf under joined lead hands] ; sd & fwd R/cl L, sd R [sd & bk L/cl R, sd & bk L], (3 ½ -4) rk bk L, rec R ; fwd L/cl R, fwd L tng ¼ lf [1/4 rf], sd & bk R/cl L, sd R cont tn ¼ lf [1/4 rf] to fc prtnr endg LOP FCG/RL0D ;

5-8 CHANGE PLACES LEFT TO RIGHT; (SCP/RL0D), RIGHT TURNING FALLAWAY ; : ROCK, RECOVER, WALK, FACE(CP/WALL) :

(5-6 ½) rk apt L, rec R, sd L/cl R, sd L tng ¼ rf [sd R/cl L, fwd R tng ¾ lf under joined lead hands] ; sd R/cl L, sd R [sd L/cl R, sd L cont tn to fc prtnr] endg SCP/RL0D, (6 ½ -7) rk bk L to SCP, rec R ; tng ¼ rf sd L/cl R, sd L, cont tng ¼ rf sd R/cl L, sd R ; (8) rk bk L to SCP, rec R, fwd L, fwd R tng rf [lf] to fc prtnr endg loose CP/WALL ;

9-12 CHASSE LEFT & RIGHT; FALLAWAY THROWAWAY ; , SHOULDER SHOVE (2x) ; :

(9) repeat Part A measure 1 ; (10-11 ½) rk bk L to SCP, rec R, sd L/cl R, sd L tng ¼ lf [rk bk R, rec L, fwd R tng lf in frt of man/cl L, sd R] ; sd R/cl L, sd R [sd & bk L/cl R, sd L] endg LOP FCG/LOD, (11 ½-12) rk apt L, rec R tng ¼ rf [1/4 lf] ; sd L/cl R, sd L moving twd prtnr bring M's left W's right shoulders tog, tng to fc prtnr bk R/cl L, bkR endg LOP FCG/LOD ;

13-16 ; , LINK ROCK ; : ROCK, RECOVER, KICK BALL CHANGE :

(13-14 ½) repeat Part A measures 11 ½-12 ; (14 ½ -15) rk apt L, rec R ; small fwd L/cl R, fwd L, sd R/cl L, sd R bringing W if of M while tng ¼ rf endg loose CP/WALL ; (16) rk bk L to SCP, rec R, kck L ft fwd/take wgt on ball of L ft, replace wgt on R in place endg in SCP/LOD ;

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PART B

1-4 (no rock) JIVE WALKS ; SWIVEL WALKS ; THROWAWAY (HANDSHAKE) ; TRIPLE WHEEL 5 ;

(1) fwd L/R, L, fwd R/L, R ; (2) placing one foot in frt of other creating a swivling action fwd L, R, L, R ; (3) sd L/cl R, sd L tng $\frac{1}{4}$ lf [fwd R tng lf in frt of man/cl L, sd R], sd R/cl L, sd R [sd & bk L/cl R, sd L] endg HANDSHAKE FCG/LOD ; (4) rk apt L, rec R, wheeling rf sd L/cl R, sd L tng in twd [tng away from] prtnr touch W's back with M's left hd ;

5-8 ; (SPIN ENDING/COH) ; , , AMERICAN SPIN ; ;

(5-7 $\frac{1}{2}$) cont rf wheel sd R/cl L, sd R tng away from [tng twd and touch M's back with W's left hd] prtnr, cont rf wheel sd L/cl R, sd L tng in twd [tng away from] prtnr touch W's back with M's left hd ; cont rf wheel sd R/cl L, sd R tng away from [tng twd and touch M's back with W's left hd] prtnr, cont rf wheel sd L/cl R, sd L leading W to spin rf [sd R/cl L, sd R spinning rf on R foot to fc prtnr] endg LOP FCG/COH ; sd R/cl L, sd R, (7 $\frac{1}{2}$ -8) rk apt L, rec R ; sd L/cl R, sd L leading W to spin rf [sd & fwd R/cl L, sd R spinning rf on R foot to fc prtnr], sd R/cl L, sd R endg in BFLY/COH ;

9-12 SPANISH ARMS ; , , STOP & GO ; ; , , CHANGE PLACES LEFT TO RIGHT ;

(9-10 $\frac{1}{2}$) rk apt L, rec R tng $\frac{1}{4}$ rf [$\frac{1}{4}$ lf] leading W to tn lf under joined raised lead hds to momentary wrapped position, cont tng $\frac{1}{4}$ rf sd L/cl R, sd L [sd R/cl L sd R unwrapping $\frac{3}{4}$ rf] ; sd R/cl L, sd R endg LOP FCG/WALL, (10 $\frac{1}{2}$ -12 $\frac{1}{2}$) rk apt L, rec R ; fwd L/cl R, fwd L catching W with right hd on W's left shoulder blade at end of triple [in place L/R, L tng $\frac{1}{2}$ rf under joined lead hands to M's right sd], rk fwd R, rec L ; small bk R/cl L, bk R [in place L/R, L tng $\frac{1}{2}$ lf to fc M] endg LOP FCG/WALL, (11 $\frac{1}{2}$ -12 $\frac{1}{2}$) repeat Part A, 1st half of measure 5 ;

13-15 (SCP/RLOD) ; RIGHT TURNING FALLAWAY ; , , ROCK BACK, PICKUP ;

(13) repeat Part A 2nd half of measure 5 M tng $\frac{1}{2}$ rf [W tng $\frac{1}{2}$ lf] and 1st half of measure 6 endg SCP/RLOD ; (14-15 $\frac{1}{2}$) repeat Part A measures 6 $\frac{1}{2}$ -7 endg SCP/LOD ; , , (15 $\frac{1}{2}$) rk bk L to SCP, rec R [rk bk R, rec fwd L tng in frt of M] endg CP/LOD ;

INTERLUDE

1-4 DIAMOND TURN 3/4 ; ; ; REVERSE TWIRL (CP/WALL) ;

(1-3) fwd L DLC, -, sd R tng $\frac{1}{4}$ lf, bk L to BJO ; bk R, -, sd L tng $\frac{1}{4}$ lf, fwd R ; fwd L, -, sd R tng $\frac{1}{4}$ lf, bk L adjusting to CP/WALL ; sd & fwd R twd RLOD, cl L, sd R [sd & fwd L tng $\frac{1}{2}$ lf, sd & bk R cont tng $\frac{1}{2}$ lf to fc prtnr, sd L] endg in loose CP/WALL ;

PART C

1-4 DIAMOND TURN ; ; ; (CP/LOD) ;

(1-4) fwd L DLC, -, sd R tng $\frac{1}{4}$ lf, bk L to BJO ; bk R, -, sd L tng $\frac{1}{4}$ lf, fwd R ; fwd L, -, sd R tng $\frac{1}{4}$ lf, bk L ; bk R, -, sd L tng $\frac{1}{4}$ lf, fwd R adjusting to CP/LOD ;

5-8 THREE STEP ; HALF NATURAL TURN ; OVERSPIN TURN (CP/WALL) ; HALF BOX BACK ;

(5) with right sd leading lower for heel lead fwd L, -, fwd R rising heel/toe, fwd L lowering toe/heel endg CP/DLW ; (6) fwd R starting rf tn, -, cont tn sd & bk L [heel tn], bk R endg CP/RLOD ; (7) commencing upper body rf tn bk L pvt rf to fc DLW, -, fwd R between W feet rising heel/toe cont tn to fc WALL leaving L leg extended bk and sd, rec sd & bk L [commencing upper body rf tn fwd R between M's feet rising heel/toe pivoting rf, -, bk on L toe cont tn brush R to L, sd and fwd R] ; (8) bk R, -, sd L, cl R to loose CP/WALL ;

9-12 TWO RIGHT TURNING TRIPLES ; RIGHT TURNING FALLAWAY ; , , PRETZEL TURN

w/DOUBLE ROCK ; ;

(9) tng $\frac{1}{4}$ rf sd L/cl R, sd L, cont tng $\frac{1}{4}$ rf sd R/cl L, sd R SCP/RLOD ; (10-11 $\frac{1}{2}$) repeat Part A, 2nd half of measure 6 and measure 7 endg SCP/LOD ; , , (11 $\frac{1}{2}$ -12) rk bk L to SCP, rec R ; sd L/cl R, sd L tng $\frac{1}{2}$ rf [$\frac{1}{2}$ lf] keeping lead hds joined, sd & fwd R/cl L, sd R tng $\frac{1}{4}$ rf [$\frac{1}{4}$ lf] ending sd by sd with lead hds joined beh bk ;

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PART C (continued)

13-15 ; ; ROCK, RECOVER, WALK, FACE ;

(13-14) reaching fwd with free hd rk fwd L, rec R, rk fwd L, rec R ; sd & fwd L, cl R, sd L tng $\frac{1}{4}$ lf [1/4 rf], sd R/cl L, sd R cont tn to fc prtnr endg SCP/LOD ; (15) repeat Part A measure 8 ;

END

1-4 (no rock).JIVE WALKS ; SWIVEL WALKS ; THROWAWAY (HANDSHAKE) ; TRIPLE WHEEL 5 ;

(1-4) repeat Part B measures 1-4 ; ; ; ;

5-7 ; (SPIN ENDING/COH) ; , , ROCK APART, POINT ; (HOLD)

(5-7 $\frac{1}{2}$) repeat Part B measures 5-7 $\frac{1}{2}$; , , (7 $\frac{1}{2}$) rk apt L, pt R twd prtnr with a straight leg toe touching the floor, trailing arms up and bk ; hold as music fades