

I DO (CHERISH YOU)



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CD: Universal Records – 98 Degrees, The Collection – Track #4- I Do (Cherish You) - Available from: www.walmart.com/music

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PHASE/RHYTHM: ROUNDALAB Phase IV + 1 (TRIPLE TRAVELER) + 2 Un-phased (ROCK ENDING and ROLL IN CATCH TURN) / SLOW TWO STEP

DIFFICULTY: Average

SPEED/TEMPO/TIME: As recorded / 20 MPM / 3:46

FOOTWORK: Opposite unless indicated, directions given for man, woman's directions in ().

SEQUENCE: INTRO, A, B, INT, A, B, B, END

INTRODUCTION

1-4 (wait); ; LUNGE BASIC; LUNGE & WRAP/LDY IN 4:

(1-2) DBL HD HOLD WALL wait 2 meas; ; (3) lun sd L, -, rec R, XLif of R; (4) lun sd R raisg ld hnds ldg W to wrap LF,-, sd L, sd R (*lun sd L,-, rec R trng LF 1/2 udr jnd ld hnds/sd L, sd R*) WRAP;

PART A

1-4 L CURVG SWTHRT RUN (LOD); SWTHRT RUN; BK HOLD/LDY DEVELOPE;

FWD HOLD/LDY ENVELOPE;

(1) same ftwrk in wrpd pos fwd L curvg 1/8 LF, -, fwd R curvg 1/8 LF, fwd L (LOD); (2) fwd R, -, fwd L, fwd R; (3) bk L leavg R pntd twd flr in frnt of L, -, -, (*bk L,-, bring R foot up to L knee & xtnd R foot fwd w/ toe pntd twd flr,-,;*); (4) rec fwd R leavg L pntd bk & sd twd flr, -, -, (*fwd R xtndg L fwd bring up & in to R knee,-,;*)

5-8 2 L CURVG SWTHRT RUNS; (WALL); LUNGE BASIC:

LUNGE & UNWRAP/LDY IN 4 (DHH WALL);

(1) cont same ftwrk in wrpd pos fwd L curvg 1/8 LF, -, fwd R curvg 1/8 LF, fwd L curvg 1/8 LF (LOD); (2) fwd R curvg 1/8 LF, -, fwd L curvg 1/8 LF, fwd R WALL; (3) lun sd L, -, rec R, XLif of R; (4) lun sd R raisg ld hnds ldg W to unwrap RF,-, sd L, sd R (*lun sd R,-, rec L trng RF 1/2 undr jnd ld hnds/sd R, sd L*) DBL HND HOLD;

9-12 HLF BASIC; RK ENDG (HNDSHK); ROLL IN CATCH TURN; (CP WALL);

(1) sd L, -, XRib of L, rec L ; (2) sd R, -, sd L, sd R HNDSHK ; (3-4) XLib of R,-, rec R ldg W to roll into M's R arm, sd L trng 1/4 to R catchg W in R arm (*XRib of L,-, rec L commencg 3/4 LF trn, fwd R cont trng*) CP; XRib of L cont trng,-, sd L cont trng, sd R compg 3/4 RF turn (*sd L trng LF,-, XRif of L cont trng, sd L compg trn*) WALL;

PART B

1-6 FULL BASIC; ; TRIPLE TRAVELER; ; (COH); BASIC ENDING;

(1-2) sd L, -, XRib of L, rec L ; sd R,-, XLib of R, rec R; (3) fwd L commencg 1/4 LF trn to fc line of prog raising ld hnds to ld W to M's L sd, -, fwd R, fwd L (***bk R trng 1/2 LF, -, cont trn sd and fwd L trng 1/2 undr jnd ld hnds, sd and fwd R cont trn to fc line of prog***) ; (4) fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (***fwd L, -, fwd R, fwd L***) ; (5) fwd L bring jnd hnds down and back in a cont circular motion to ld W into a RF trn, -, fwd and sd R to fc ptr, XLif of R (***fwd R commencg RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr***) CP COH ; (6) sd R, -, XLib of R, rec R ;

1-6 TRIPLE TRAVELER; ; (WALL); BASIC ENDING; 2 OPEN BASICS; (CP WALL);

(1-3) twd RLOD repeat Part B meas 3 to 5 CP WALL; ; ; (4) repeat Part B, meas 6; (5) sd L opg out to L HALF OP, -, XRib of L, rec L trng to fc ptrnr; (6) sd R opg out to HALF OP, -, XLib of R, rec R trng to fc ptrnr CP WALL;

INT

1-4 2 SLOW HIP LIFTS; ; LUNGE BASIC; LUNGE & WRAP/LDY IN 4;

(1) sd L leavg R toe on flr ptd to sd -,lift & push hip out to the L, -; (2) sd R leavg L toe on flr ptd to sd -, lift & push hip out to the R, -; (3 -4) repeat Intro meas 3 & 4; ;

END

1-4 2 SLOW HIP LIFTS; ; LUNGE BASIC; LUNGE & WRAP/LDY IN 4;

(1) repeat Brg meas 1 & 2; ; (3 -4) repeat Intro meas 3 & 4; ;

5-6+ L CURVG SWTHRT RUN (LOD); SWTHRT RIGHT LUNGE HOLD; KISS

(5) same ftwrk in wrpd pos repeat Part A meas 1; (6-7) lun sd R trng hd to look at W (***trng hd to look at M***) & leavg left toe pntd twd flr, -, lwr into a soft R leg and hold for the music; kiss

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Quick Cues

Introduction is from double handhold man facing the wall, wait two measures, Lunge Basic...

INTRO (wait) ; ; LUNGE BASIC; LUNGE & WRAP/LDY IN 4 ;

A LFT CURVG SWTHRT RUN (LOD); SWTHRT RUN; BK HOLD/LDY DEVELOPE;
FWD HOLD/LDY ENVELOPE;
2 LFT CURVG SWTHRT RUNS; (WALL); LUNGE BASIC:
LUNGE & UNWRAP/LDY IN 4 (DHH WALL);
HLF BASIC; RK ENDG (HNDSHK); ROLL IN CATCH TURN; (CP WALL);

B FULL BASIC; ; TRIPLE TRAVELER ; ; (COH); BASIC ENDING;
TRIPLE TRAVELER; ; (WALL); BASIC ENDING; 2 OPEN BASICS; (CP WALL);

INT 2 SLOW HIP LIFTS; ; LUNGE BASIC; LUNGE & WRAP/LDY IN 4;

(REPEAT A, B, B)

END 2 SLOW HIP LIFTS; ; LUNGE BASIC; LUNGE & WRAP/LDY IN 4;
L CURVG SWTHRT RUN (LOD); SWTHRT RGT LUNGE HOLD & KISS;